

AREAS OF YOUR LIFE BUMP LIFE IS LIKE A WHEEL COOM THE COOM FOURS ROLLING FO

The area of your greatest perceived VOID is your next area of greatest perceived VALUE. Take a few minutes and honestly SCORE yourself in each area of life.

Self-score in each of the 8 areas and connect the dots

1. Spiritual

(Your connection to a Higher Soure)

2. Mental

(Your level of Consciouness & Thinking)

3. Vocational

(Development & satisfaction with your work life)

4. Financial

(Level of achievements of monetary goals)

5. Familial

(Level of connection to your blood relatives)

6. Social

(Level of connection to friends & community)

7. Physical

(Level of Health & Fitness)

8. Recreational

(Level of participation in vacations and rest)

Link all 8 areas of life to your purpose in your own wheel below.

Rate yourself in each category in a scale from 1-10, 1 being very poor and 10 being very good.

#1 First step, circle the number of each area of your life below.

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Example

#2 Second step, draw a line and connect to each # you circled as shown in example



Example

